

Alzheimer. Realidades e investigación en demencia®

Guide for authors

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Alzheimer. Realidades e investigación en demencia [Alzheimer's: Real issues and Research about Dementia] is a journal focused on cognitive disorders and dementias, above all Alzheimer's and Parkinson's diseases, vascular and Lewy body dementias, as well as other cerebral neurodegenerative diseases, which present cognitive deterioration or psychological and behavioural symptoms.

The journal will give preference to the publication of articles related to the following disciplines: Psychogeriatrics, Neuropsychology, Epidemiology, Clinical Neurology, Neurolinguistics, Neurogenetics, Neuropathology, Physiopathology, Molecular Biology, Biochemistry, Immunology, Pharmacology, Research Projects, and Pharmacoeconomics and Resource Management.

The journal gives greater relevance to manuscripts relating to the new health models, oriented not only to curing the disease, but also to its prevention and to health promotion, at the individual as well as the family and community levels.

The journal has the following sections:

Original Articles. Research articles in Psychogeriatrics, Neuropsychology, Epidemiology, Clinical Neurology, Neurolinguistics, Neurogenetics, Neuropathology, Physiopathology, Molecular Biology, Biochemistry, Immunology, Pharmacology, and Pharmacoeconomics and Resource Management. The maximum length is **15 pages** with double-spacing (included figures and tables, abstract and keywords and bibliography). At most 6 figures or 6 tables (2 figures or tables = 1 page, although they should be presented on separate sheets, one table or figure per page). It is advisable that the number of authors does not exceed six. A maximum of 35 references can be included. The units of measurement in any section should be expressed in the international system (SI). The design of controlled clinical trials should follow the CONSORT guidelines (JAMA 1996; 276:637-39).

Other sections. The journal includes other sections (an Editorial and a Review Article),

with articles commissioned by the Editors. Authors who wish to collaborate in any of these sections should previously consult the Editor. The maximum number of authors will be two for the Editorial and three for the Review Article. *Alzheimer. Realidades e investigación en demencia* may commission articles that tackle a subject considered to be of general interest to the journal's readers, and they will be considered as serial publications. The journal will also publish consensus conference reports on the diagnosis or treatment of diseases, as long as they are promoted by official Health Organizations or by National or International Scientific Societies.

Presentation and structure of articles

All articles accepted remain the permanent property of *Alzheimer. Realidades e investigación en demencia*, and cannot be reproduced either totally or in part without its permission. If the article is published, the authors cede to Editorial Glosa, S.L., in an exclusive way, the rights to reproduction, distribution, translation and public communication of their work, by any audio, audiovisual or electronic medium or aids. The authors must disclose any financial relationship they have that could give rise to a conflict of interest in relation to the published article. When studies undertaken with human subjects are submitted, it must be specified whether the methods used have complied with the ethical guidelines of the research committee or that of the corresponding clinical trial (Institution or Regional authorities), and of the 1975 Helsinki Declaration, as revised in October 2008, available at: <http://www.wma.net/es/30publications/10policies/b3/17c.pdf>. Articles published in or submitted to other journals at the same time will not be accepted. The original manuscript plus three copies should be submitted, as well as copies of the illustrations. The format of the articles should be in DIN A4 sheets (210 x 297 mm) **with double-spacing and in Times New Roman 12 font**. The sheets should be numbered consecutively, and the number centred at the bottom of each page. Each section of the manuscript will start on a new page in the following order:

1. On the *first* page of the article the following data should appear in the order shown here: Title of the article (in Spanish and in English), first name and one of the two surnames (where applicable) of the Authors, complete name and address of the Institution, postal details, telephone, fax, e-mail address, and other specifications considered necessary. For corporate authors, a minimum of one author and a maximum of six are recommended. Other participating authors should be included in an addendum.

2. *Text.* The text should be written in an impersonal style and follow the outline below:

2.1. *Original Articles:* Introduction, Patients (Subjects) or Material and Methods, Results, and Discussion. Abstract in Spanish and in English.

2.2. *Clinical Notes:* Introduction, Clinical Observations or Methods, Results, and Discussion. Abstract in Spanish and in English.

a) *Introduction.* It should be brief so that the reader can understand the text that follows.

b) *Patients (Subjects) or Material and Methods.* This section should include the Centre where the experiment or research was carried out, the study period, the characteristics of the studied series, the selection criteria employed and the techniques used. The statistical methods must be described in detail.

c) *Results.* It describes the observations made and the methods employed. These data will be explained in the text and complemented with tables and figures.

d) *Discussion.* Opinions are given about the topic highlighting significant aspects and the practical application of the results; consideration of any possible inconsistency in the methodology and reasons why the results can

be valid; the relationship with similar publications; and suggestions and guidelines for future research.

- e) **Abstract. It should be included in Spanish and in English.** It should have an approximate length of 200 words with the following structure: Background and Objective, Patients or Material and Methods, Results and Conclusions. **Key words** in English (in agreement with those outlined in the Medical Subject Headings (MeSH) of the Index Medicus/Medline, available at: <http://www.ncbi.nlm.nih.gov/mesh/meshhome.html>), should follow the Abstract, and also be translated into Spanish.

3. **References.** They should be cited in the order in which they appear in the text, with the appropriate consecutive numbers. In the article always use superscript for the number of the reference, according to the *Uniform requirements that provide instructions to authors on how to prepare manuscripts to submit to biomedical journals*, produced by the International Committee of Medical Journal Editors, also available at: <http://www.icmje.org>. The names of the journals should be abbreviated following the style used in the *Index Medicus/Medline*: «List of Journals Indexed», which is published each year in the January issue of *Index Medicus*, also available at: <http://www.nlm.nih.gov/tsd/serials/lji.html>. The inclusion of the minutes of meetings or the use of phrases such as «unpublished observations» or «personal communication» should be avoided in the bibliographical references.

Examples of the format for bibliographical references are given below:

Journals

1) *Original Articles*

Include all authors if there are six or less; if there are seven or more, include the first six and add the expression «et al.» after a comma.

López-Pousa S, Turon-Estrada A, Garre-Olmo J, Pericot-Nierga I, Lozano-Gallego M, Vilalta-Franch M, et al. Differential efficacy of treatment with acetylcholinesterase inhibitors in patients with mild and moderate Alzheimer's disease over a 6-month period. *Dement Geriatr Cogn Disord*. 2005;19:189-95.

2) *Work in press*

López-Pousa S, Garre-Olmo J, Vilalta-Franch J, Turon-Estrada A, Soler-Cors O, Pericot-Nierga, et al. Comparative analysis of mor-

tality in patients with Alzheimer disease treated with donepezil or galantamine [in press]. *Age and Ageing*.

Books and other monographs

3) *Editors or compilers as authors*

López-Pousa S, Turon A, Agüera LF, Editors. *Abordaje integral de las demencias en fases avanzadas*. Barcelona: Prous Science, 2005.

4) *Chapter of a book*

López-Pousa S. Tratamiento farmacológico. In: López Pousa S, Turon A, Agüera LF, Editors. *Abordaje integral de las demencias en fases avanzadas*. Barcelona: Prous Science, 2005; p. 195-07.

Electronic Material

5) *Journal Articles in electronic format*

Carpenter GI, Hastie CL, Morris JN, Fries BE, Ankri J. Measuring change in activities of daily living in nursing home residents with moderate to severe cognitive impairment. *BMC Geriatrics* [electronic journal] 2006;6:7 [consulted 06-04-2006]: Available at:

<http://www.biomedcentral.com>

6) *Monographs in electronic format*

Services for younger people with Alzheimer's disease and other dementias [monograph in CD-ROM]. Royal College of Psychiatry Faculty of Old Age Psychiatry Alzheimer's Society, producers. Interim Draft. London: 14/02/2005.

4. *Illustrations* should be selected carefully, endeavouring to provide those of good quality. Slides and photographs will be accepted. The photographs should be sent in black and white or in electronic image files, with a resolution of 300 dpi. Colour illustrations are admissible. Whenever necessary, graphic symbols should be used (arrows, asterisks) to highlight the important part of the illustration. Endeavour as far as possible to avoid identifying patients; in any case, written permission should be obtained.

5. *Graphs* should be generated by computer and the printing should be of high quality. The same norms as in Section 4 for illustrations should be taken into account. Images and graphs, like the figures, should be numbered in a consecutive and comprehensive way.

6. *Tables* must be clear and should be on separate pages, a single table per page, with Arabic numbering and the corresponding title. Initials and abbreviations should always have an explanatory footnote. If a table fills more than one sheet the table headings must be repeated on the following sheet. Tables that take up to one printed page will be admissible. If a

statistical evaluation has been undertaken, the technique employed and the level of significance should be indicated in a footnote to the table.

7. The Editorial Committee will acknowledge receipt of submitted articles and will inform of their acceptance. All manuscripts will be submitted to blind peer review. Letters to the Editor may be directly accepted by the Editor or the Editorial Committee. When the Editorial Committee suggests changes to the articles, the authors should then send, together with the new version of the article and three copies, a letter in which the changes made, as suggested by the Editorial Committee as well as those included in the reports of the expert referees consulted, are explained in a detailed way. The final version of the article should be sent with a computer disk, labelled with the appropriate file name and the word processing programme used.

8. *Author Gateway.* Manuscripts can be sent by e-mail to: edicion@editorialglosa.es

9. If the author prefers conventional postal services, the articles can be sent to *Alzheimer. Realidades e investigación en demencia*, Editorial Glosa, S.L., Avinguda de Francesc Cambó, 21, 5.ª planta, 08003 Barcelona, SPAIN. The article should be accompanied by a covering letter requesting its consideration, and stating in which section of the journal the authors wish it to be published. It should be clearly stated in the letter that the article has not been previously published; that all the authors are in agreement with its content; and that they cede the rights of publication to Editorial Glosa, S.L. It is necessary to attach the appropriate authorizations for the reproduction of material already published, especially in the commissioned sections.